

Saugeen River CSA Harvest Guide

This chart is based on past years averages and will be different each season depending on weather and our ability to stay on our planting schedule. Crops marked with an '*' are available during the indicated time, but we don't harvest them every week, with the exception of lettuce, onions and carrots, which we try to have some each week, although it is not always possible. This list includes most of the crops we grow, but each year we try new things too.

VEGETABLE	June	July	August	September	October	November	Winter
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Leeks *							
Onions							
Scallions							
Garlic							
Cabbage *							
Broccoli *							
Cauliflower *							
Brussels Sprouts*							
Kale *							
Kohlrabi *							
Rutabaga *							
Tatsoi *							
Bok Choy							
Chin. Cabbage *							
Mustard Greens *							
Turnips							
Radishes *							
Beets *							
Swiss Chard *							
Spinach *							
Endive (Frisee) *							
Radicchio *							
Witloof Chicory*							
Lettuce *							
Lettuce Mix *							
Melons							
Cucumbers							
Winter Squash *							
Pumpkin *							
Zucchini							
Beans							
Snap Peas							
Green Peppers							
Red Peppers							
Tomatoes							
Eggplant							
Celeriac *							
Celery *							
Fennel *							
Carrots *							
Parsnips *							
Herbs							